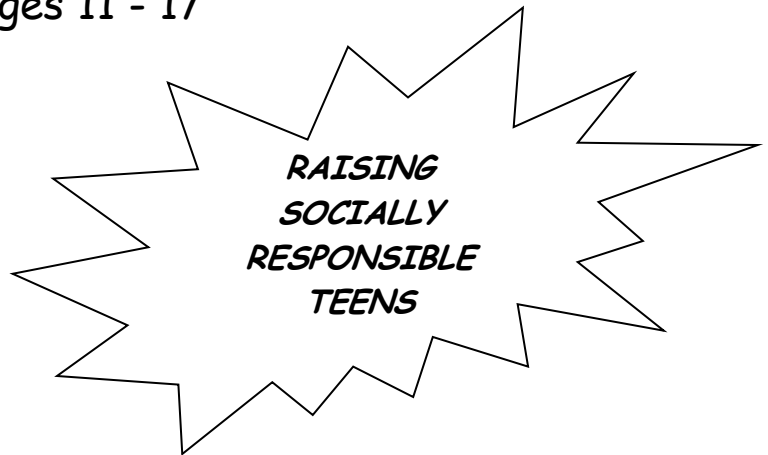


# Fine Tune Your Parenting Skills With *STEPS TO EFFECTIVE PARENTING*

For Parents of teens... ages 11 - 17



STEP offers a down-to-earth and practical way to meet the challenges of raising teenagers today. It's a group discussion program that paves the way to improved parent-teen relationships; more responsible teenage behaviour in home, school and community; and teenage self-esteem and self-reliance.

**Place:** Eagle Mountain Middle School

**Time:** 7p.m. - 9p.m.

**Dates:** Thurs. April 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>, May 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup> and 24<sup>th</sup>.

**[This is an eight week program]**

**Facilitated by:** Marilyn Abram, Adler Certified Parent Facilitator

**To register:** E-mail: [mabram@sd43.bc.ca](mailto:mabram@sd43.bc.ca) [preferred]

Phone: 604-469-1133

**Register by March 12, 2018 as book pick up is March 15, 2018**

**Class is limited to 20 participants.**

**The only cost is \$25.00 for the parent workbook!**